## PULASKI COUNTY SCHOOLS

**ELEMENTARY SCHOOL** 

## LUNCH MENU

## AUGUST— OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
WG Fish Nuggets or WG Chicken Nuggets. WG Sister Schubert's Mashed Potatoes, Glazed Carrots Fresh Strawberry, Pineapple Tidbits Assorted Milk	Breakfast for Lunch: Scrambled Eggs, Sausage Patty Breakfast Gravy, Biscuit, Hash Browns Grape Tomato Fried Apples, Fresh Strawberry Assorted Milk	Bacon Cheeseburger or Hamburger on WG Bun Curly Fries, <mark>Baked Beans</mark> Lettuce & Tomato Mandarin Oranges, Grapes Assorted Milk	WG Personal Pan Cheese Pizza or Spaghetti with Meat Sauce WG Bosco Sticks Spring Salad, Whole Kernel Corn Watermelon, Sliced Peaches Assorted Milk	Pulled Pork Barbeque on WG Bun or WG Calzone Cavendish Fries, Broccoli & Cheese Grapes, Sliced Pears Assorted Milk		
Hot Dog with Chili Sauce or WG Chicken Burger Macaroni & Cheese Baked Beans, Emoji Fries Fresh Strawberry, Sliced Peaches Assorted Milk	Walking Taco or Chicken Fajita Whole Kernel Corn Cheese, Salsa, Lettuce & Tomato Refried Beans Watermelon, Sliced Peaches Assorted Milk	Hot Ham & Chees on WG Bread or WG Stuff Crust Pizza Cavendish Fries, Green Beans Fresh Grapes, Mandarin Oranges Assorted Milk	Chicken Strip or Meat Loaf WG Sister Schubert's Scalloped Potatoes, Glazed Carrots Fresh Strawberry, Pineapple Tidbits Assorted Milk	Sub Sandwich on WG Bun or Ham Wrap Lettuce & Tomato Cavendish Fries Broccoli & Cheese Banana, Mandarin Oranges Assorted Milk		
WG Fish Nuggets or WG Chicken Nuggets. WG Sister Schubert's Mashed Potatoes, Glazed Carrots Fresh Strawberry, Pineapple Tidbits Assorted Milk	Cheeseburger or Sloppy Joe on WG Bun Tomato & Lettuce, Curly Fries Baked Beans Grapes, Sliced Pears Assorted Milk	WG Personal Pan Cheese Pizza or Spaghetti with Meat Balls WG Bosco Sticks Spring Salad, Whole Kernel Corn Watermelon, Sliced Peaches Assorted Milk	Pulled Pork Barbeque on WG Bun or WG Calzone Cavendish Fries, Broccoli & Cheese Grapes, Sliced Pears Assorted Milk	Chicken Wrap or WG Corn Dog Cucumber & Grape Tomato Emoji Fries Watermelon, Pineapple Tidbits Assorted Milk		
Hot Dog with Chili Sauce or WG Chicken Burger Macaroni & Cheese Baked Beans, Emoji Fries Fresh Strawberry, Sliced Peaches Assorted Milk	Sub Sandwich on WG Bun or Ham Wrap Lettuce & Tomato Cavendish Fries Broccoli & Cheese Banana, Mandarin Oranges Assorted Milk	Walking Taco or Chicken Fajita Whole Kernel Corn Cheese, Salsa, Lettuce & Tomato Refried Beans Watermelon, Sliced Peaches Assorted Milk	Hot Ham & Chees on WG Bread or WG Stuff Crust Pizza Cavendish Fries, Green Beans Fresh Grapes, Mandarin Oranges Assorted Milk	Chicken Strip or Meat Loaf WG Sister Schubert's Scalloped Potatoes, Glazed Carrots Fresh Strawberry, Pineapple Tidbits Assorted Milk		

August 2022				September 2022				October 2022						
м	Т	w	Т	F	м	Т	w	т	F	м	т	w	т	F
1	2	3	4	5				1	2	3	4	5	6	7
8	9	10	11	12	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	12	13	14	15	16	17	18	19	20	21
22	23	24	25	26	19	20	21	22	23	24	25	26	27	28
29	30	31			26	27	28	29	30	31				

Elementary School Lunch: Fluid Milk 1% or Fat Free 1/2 pint (1c) Meat/Meat Alternate: 8 to 10 ounces per week Fruit—1/2 cup, Vegetable 3/4 cup

This institution is an equal opportunity provider.

Menu is subject to change without notice due to availability. Revised: 8/2/22