

PULASKI COUNTY SCHOOLS

MEMORIAL EDUCATION CENTER

LUNCH MENU

NOVEMBER 2022 — FEBRUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheeseburger Baked Beans Lettuce & Tomato Fresh Fruit, Milk	Walking Taco Whole Kernel Corn Cheese, Lettuce & Tomato Chilled Fruit, Milk	Beef Ravioli Green Beans Fresh Fruit, Milk	Chicken Strips WG Rolls Broccoli & Cheese Chilled Fruit, Milk	Chicken Noodle Soup Glazed Carrots Fresh Fruit, Milk Cinnamon Rolls
Sloppy Joe on WG Bun Cheese Stick, Emoticon Fries Fresh Fruit, Milk	Spaghetti with Meat Sauce WG Bread Sticks Spinach Salad Chilled Fruit, Milk	Smoke BBQ Chicken Baked Beans Fresh Fruit, Milk	WG Chicken Nuggets., WG Rolls Mashed Potatoes Chilled Fruit, Milk	WG Mini Corn Dog Glazed Carrots Fresh Fruits, Milk
Cheeseburger Baked Beans Lettuce & Tomato Fresh Fruit, Milk	Walking Taco Whole Kernel Corn Cheese, Lettuce & Tomato Chilled Fruit, Milk	Beef Ravioli Green Beans Fresh Fruit, Milk	Chicken Strips WG Rolls Broccoli & Cheese Chilled Fruit, Milk	Chicken Noodle Soup Glazed Carrots Fresh Fruit, Milk Cinnamon Rolls
Sloppy Joe on WG Bun Cheese Stick, Emoticon Fries Fresh Fruit, Milk	Spaghetti with Meat Sauce WG Bread Sticks Spinach Salad Chilled Fruit, Milk	Smoke BBQ Chicken Baked Beans Fresh Fruit, Milk	WG Chicken Nuggets., WG Rolls Mashed Potatoes Chilled Fruit, Milk	WG Mini Corn Dog Glazed Carrots Fresh Fruits, Milk

NOVEMBER 2022	DECEMBER 2022	JANUARY 2023	FEBRUARY 2023
M T W T F	M T W T F	M T W T F	M T W T F
1 2 3 4	1 2	2 3 4 5 6	1 2 3
7 8 9 10 11	5 6 7 8 9	9 10 11 12 13	6 7 8 9 10
14 15 16 17 18	12 13 14 15 16	16 17 18 19 20	13 14 15 16 17
21 22 23 24 25	19 20 21 22 23	23 24 25 26 27	20 21 22 23 24
28 29 30	26 27 28 29 30	30 31	27 28

Elementary School Lunch: Fluid Milk 1% or Fat Free 1/2 pint
(1c) Meat/Meat Alternate: 8 to 10 ounces per week
Fruit—1/2 cup, Vegetable 3/4 cup

This institution is an equal opportunity provider.

Menu is subject to change without notice due to availability.