

# PULASKI COUNTY SCHOOLS

ELEMENTARY SCHOOL

LUNCH MENU

NOVEMBER 2022 — FEBRUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheeseburger or Hamburger on WG Bun Curly Fries, <b>Baked Beans</b> Lettuce & Tomato Fresh Fruits, Chilled Fruit Milk	Walking Taco or Chicken Fajita Whole Kernel Corn Cheese, Lettuce & Tomato Fresh Fruits, Chilled Fruit Milk	Beef Ravioli or Lasagna WG Bread Stick Romaine Salad, Green Beans Fresh Fruit, Chilled Fruits Milk	Chicken Strips or Meat Loaf WG Rolls Scalloped Potatoes <b>Broccoli &amp; Cheese</b> Fresh Fruits, Chilled Fruit Milk	Chicken Noodle Soup or Chili Cheez-it Crackers <b>Grape Tomato, Baby Carrots</b> Fresh Fruit, Chilled Fruit, Milk Cinnamon Rolls
Hot Dog on WG Bun or Sloppy Joe on WG Bun Cheese Stick, <b>Baked Beans</b> Emoticon Fries Fresh Fruit, Chilled Fruit Milk	WG Stuffed Crust Pizza or Spaghetti with Meat Sauce WG Bread Sticks <b>Spinach Salad</b> , Green Peas Fresh Fruits, Chilled Fruit Assorted Milk	Smoke BBQ Chicken or Ham & Cheese on WG Bun Cavendish Fries <b>Grape Tomato</b> Fresh Fruit, Chilled Fruit Assorted Milk	WG Fish Nuggets or WG Chicken Nuggets., WG Rolls Mashed Potatoes, <b>Glazed Carrots</b> Fresh Fruits, Chilled Fruit Assorted Milk	WG Calzone or WG Mini Corn Dog <b>Broccoli &amp; Cheese</b> Whole Kernel Corn Fresh Fruits, Chilled Fruit Assorted Milk
Cheeseburger or Hamburger on WG Bun Curly Fries, <b>Baked Beans</b> Lettuce & Tomato Fresh Fruits, Chilled Fruit Milk	Walking Taco or Chicken Fajita Whole Kernel Corn Cheese, Lettuce & Tomato Fresh Fruits, Chilled Fruit Milk	Beef Ravioli or Lasagna WG Bread Stick Romaine Salad, Green Beans Fresh Fruit, Chilled Fruits Milk	Oven Roasted Chicken or Meat Loaf WG Rolls Mashed Potatoes, <b>Broccoli &amp; Cheese</b> Fresh Fruits, Chilled Fruit Milk	Chicken Noodle Soup or Chili Cheez-it Crackers <b>Grape Tomato, Baby Carrots</b> Fresh Fruit, Chilled Fruit, Milk Cinnamon Rolls
Hot Dog on WG Bun or Sloppy Joe on WG Bun Cheese Stick, <b>Baked Beans</b> Emoticon Fries Fresh Fruit, Chilled Fruit Milk	WG Stuffed Crust Pizza or Spaghetti with Meat Sauce WG Bread Sticks Romaine Salad, Mixed Vegetables Fresh Fruits, Chilled Fruit Assorted Milk	Pulled Pork Barbeque on WG Bu or Ham & Cheese on WG Bun Cavendish Fries <b>Grape Tomato</b> Fresh Fruit, Chilled Fruit Assorted Milk	WG Fish Nuggets or WG Chicken Nuggets., WG Rolls Scalloped Potatoes, <b>Glazed Carrots</b> Fresh Fruits, Chilled Fruit Assorted Milk	WG Calzone or WG Mini Corn Dog <b>Broccoli &amp; Cheese</b> Whole Kernel Corn Fresh Fruits, Chilled Fruit Assorted Milk

NOVEMBER 2022	DECEMBER 2022	JANUARY 2023	FEBRUARY 2023
M T W T F	M T W T F	M T W T F	M T W T F
1 2 3 4	1 2	2 3 4 5 6	1 2 3
7 8 9 10 11	5 6 7 8 9	9 10 11 12 13	6 7 8 9 10
14 15 16 17 18	12 13 14 15 16	16 17 18 19 20	13 14 15 16 17
21 22 23 24 25	19 20 21 22 23	23 24 25 26 27	20 21 22 23 24
28 29 30	26 27 28 29 30	30 31	27 28

Elementary School Lunch: Fluid Milk 1% or Fat Free 1/2 pint  
(1c) Meat/Meat Alternate: 8 to 10 ounces per week  
Fruit—1/2 cup, Vegetable 3/4 cup

**This institution is an equal opportunity provider.**

**Menu is subject to change without notice due to availability.**